



## Volunteers needed

**Do you have some free time to spare?**

**Do you have skills or experience that you could share?**

**Do you want to make a real difference in the lives of people with a mental health problem?**

Volunteer with Buckinghamshire Mind and you could help us to continue delivering our vital services. We provide training, ongoing support and pay expenses.

### **Contact:**

**info@bucksmind.org.uk**  
**01494 463364**  
**www.bucksmind.org.uk**

Registered Charity (No: 1103063)

 **mind**  
Buckinghamshire